

Today in Corps history:

**May 21, 1846:** A Marine regiment formed for duty with Gen. Winfield Scott's Army in Mexico.

Source: Marine Corps History

**FAST FACT**



District News: Fat Albert, crew jet over NAS Mississippi, see Page 3

Local: Depot firefighters prepare for high-level emergencies, see Page 4

News: Bosnian-born Marine excels at Corporal's School, see Page 6

# THE BOOT

"We Make Marines"

## Inside



### Nads drop opener against Range Company

Range Company's ability to keep their head in the game allowed them to slip by the Nads 18-17, during Gold Division Intramural Softball play at the Parris Island Sports Complex May 13. (For more, see Page 5)

Volume 56 Number 20

Serving the Marines and sailors of MCRD/ERR Parris Island, S.C.

May 21, 2004

## Depot News

### NAVY SPOUSES INVITED TO COMPASS CLASS

Navy spouses are invited to learn just what the Navy is all about at the Compass program June 8 - 10 from 6 - 9 p.m. at the Parris Island Religious Ministries Center.

The free class teaches about the benefits and services of the Navy, ways to deal with deployment, Navy history and traditions, as well as personal finance. Free childcare is available during the classes.

For more information, or to reserve a spot, call 228-7362.

### FREE VESSEL SAFETY CHECKS SATURDAY

In recognition of National Safe Boating Week, the Beaufort Sail and Power Squadron is offering free Vessel Safety Checks Saturday from 9 a.m. - 1 p.m. at several local marinas. Vessel Safety Checks can be performed on any watercraft from kayaks to large cabin cruisers. No citations will be given for any violations.

For more information, contact Errell Steele at 522-0735.

### SAVANNAH FESTIVAL TO HONOR MILITARY

Military personnel and their families can enjoy food, music, military exhibits and arts and crafts during the 3rd Annual Savannah Armed Forces Festival, which will be held May 28 - 30 from 10 a.m. - midnight on River Street.

The opening ceremony will be held May 29 at 11 a.m. at Rousakis Plaza.

### YOUNG MARINES UNIT SEEKS VOLUNTEERS

The Beaufort Young Marines are looking for Marines (active, honorably discharged or retired) to join their ranks as adult leaders. Billets that need to be filled include executive officer, adjutant, training officer, paymaster and instructors to help the expansion of their program.

For additional information and details, contact Karyn Houser at (843) 379-6344.

### COMMISSARY TO HOLD CASE LOT SALE

Military personnel are invited to take advantage of their commissary benefit by attending the Case Lot Sale today and Saturday from 10 a.m. - 6 p.m. at the Depot Commissary.

Shoppers can save money while stocking up the family pantry by purchasing their favorite products by the case.

For more information, visit [www.commissaries.com](http://www.commissaries.com).

## Out in Town

### USC BEAUFORT TO HOST GULLAH CELEBRATION

A Gullah celebration will be held at the University of South Carolina Beaufort Performing Arts Center May 29, featuring Marlena Smalls & The Hallelujah Singers. For more information, call 379-3594.

## Weather



**Friday**  
Iso T-Storms  
Hi 88 Low 69  
**Saturday**  
Iso T-Storms  
Hi 87 Low 68  
**Sunday**  
Iso T-Storms  
Hi 87 Low 67

### LANCE CPL.

#### DARHONDA V. HALL

STAFF WRITER

As the sweltering South Carolina sun begins to burn with summer fury, Depot Marines and sailors must remain vigilant of the rising susceptibility to heat injuries and educated on proper prevention techniques.

Hot Standard Operating Procedures are in place to keep Depot personnel safe during the spring and summer months, but without proper education and learned preparation, the physically fit can quickly become the severely dehydrated.

As one would expect, Hot SOP season is recognized aboard the Depot from the third Monday in April until the third Monday in October, during which the hottest days of the year occur.

"Early [physical training] is a great preventative measure," said Master Sgt. Clarence Haywood, S-3 operations chief. "The heat isn't as harsh and it is relatively cool outside. Safety vehicles are also provided when units are running in large groups in case a Marine becomes heat injured."

Haywood agreed that with temperatures climbing, so should the awareness of heat

injuries and the proper hydration of Depot personnel. Heat cramps, heat exhaustion and heat strokes are all common types of heat injuries experienced by athletes during the exhaustingly high temperatures of the Low-country summers.

Acclimatization and hydration play key roles in the maintaining of physical fitness during the season of increasing heat, according to Victoria Stauffer, a civilian nurse at the Branch Medical Clinic, who strongly urges Depot Marines and sailors to better educate themselves on heat casualty prevention. Being acclimatized to the



**"Individuals should always drink water and be observant of symptoms of a heat injury."**

-Master Sgt. Clarence Haywood, S-3 operations chief

weather serves as a convenient way for the body to adjust to climate changes. Unfortunately, this process can take up to 12 months.

Water intake during periods of physical exertion is essential to preventing heat injuries.

Commander Arthur Giguere, BMC officer-in-charge, said that the BMC is definitely

concerned with a possible increase in heat casualties as we move into the summer months.

Plain water is the best replacement fluid to use. Concentrated liquids, such as soft drinks and those with high sugar content, may hurt an individual's performance,

see **HEAT**, Page 7

## Honor and tradition ...



Lance Cpl. Brian Kester

**The Naval Hospital Beaufort's Color Guard awaits the first note of 'To the Colors' to raise the flag during the morning colors ceremony at the NHB May 14. The color guard raises the flag Monday - Friday at 8 a.m. Their services are also used at funerals and retirement ceremonies.**

### LANCE CPL. BRIAN KESTER

STAFF WRITER

The Greater Beaufort Chamber of Commerce sponsored the 2004 Military Appreciation Day, which kicked off at Shady Point Park aboard MCAS Beaufort Saturday.

The chamber of commerce holds this annual event to show their appreciation for what the military does.

"For me, it is a huge drive to know that the people in the community appreciate what we do," said Staff Sgt. John Lee, Combat Visual Information Center photo chief. "Having something like this shows that all of the hard work that we have done for our country is a good thing and the people of the United States appreciate it."

The message of the event was realized by the people who turned out for the event. Former service members and active duty bridged the generation gap, through their respect for what they have done or are doing to serve their country.

Cpl. Joseph Strain, a military police K-9 handler, spent part of his day at the park visiting with members of

AMVETs and the Leather-necks, all former military and current members of the community.

"Sometimes, the military kind of starves from a lack of appreciation on a day-to-day basis," said Strain. "When the community does stuff like this, it reminds us that we are cared for."

The park was filled with laughing children having fun while climbing inflatable mountains and visiting with Tux the clown. Some grilled food for the service members to show their support, while others simply provided smiles. All of the various forms of entertainment gave attendees the chance to kick back, relax and have some fun.

"It is about the quality of life and recognizing that we appreciate the military," said Crystal Dilliard, registered nurse and the Marine Corps Community Services-South Carolina health promotion director for MCAS and the Depot. "This was just a good chance to provide a day of free fun and activities where people could come and be appreciated, and they don't have to pay for anything."

see **MILITARY**, Page 3

## Motorcycle course stresses safe riding

### LANCE CPL. BRIAN KESTER

STAFF WRITER

With summer near, and more and more motorcycle riders overcome with the urge to get out on the open road, Sgt. Maj. Richard Arndt, Depot sergeant major, held a brief to re-familiarize riders with the safety rules of the Marine Corps and the road at the WFTBn. Chapel May 14.

The meeting was a refresher course on safety and cleared up any confusion about the intricacies of Marine Corps Order 5100.19E.

The course also covered

some facts about the causes of accidents taken from a study done by the University of Southern California.

"All we are doing is covering the motorcycle portion of Marine Corps Order 5100.19 Echo," said 1st Sgt. Michael Wooten, Delta Co. first sergeant. "There is a lot of misinterpretation about it. We want to make sure that we are all within the order. We will also talk about some common sense riding tips."

The reiteration brought about some clarity to many confusing areas regarding personal protective equipment for riders.

see **SAFETY**, Page 4

## Tax Center saves patrons \$313,963

### LANCE CPL. BRIAN KESTER

STAFF WRITER

After helping 3,686 people save \$313,963 on their taxes, the Depot Tax Center closed their doors April 15.

According to Master Sgt. James M. Wilson, finance chief, the Tax Center may be closed for business, but the doors can still be reopened.

"We are still here and I still have the programs," said Wilson. "Anybody that needs to do any kind of tax stuff can come here and do their taxes. All they need to do is call us and let us know."

That attitude and willingness to go the extra mile was a major factor in the substantial success

see **TAX**, Page 7



Lance Cpl. Darhonda V. Hall

**Sergeant David Matthews, a Basic Warrior Training instructor, shares a laugh with his 3-year-old son, Jonathon, at Wake Village May 13. The Matthews' family is one of many families aboard the Depot who were assisted by the Tax Center during tax season.**